



# Choices

Vancouver Island Counselling

www.vancouverislandcounselling.com

September 2020

Vancouver Island Counselling – Serving Workplaces and Communities for 40 years!

## Who is Vancouver Island Counselling?

Vancouver Island Counselling is your EFAP (Employee and Family Assistance Program) and is a very important component of your employee benefit package. Your EFAP encourages people with personal concerns to seek confidential counselling help as soon as possible before issues seriously affect family and work life and individual health and safety.

*This year we celebrate our 40<sup>th</sup> Anniversary!* We are honored and grateful that so many have put their trust in us for so long. We remain committed to providing compassion, respect and integrity in all our relationships.

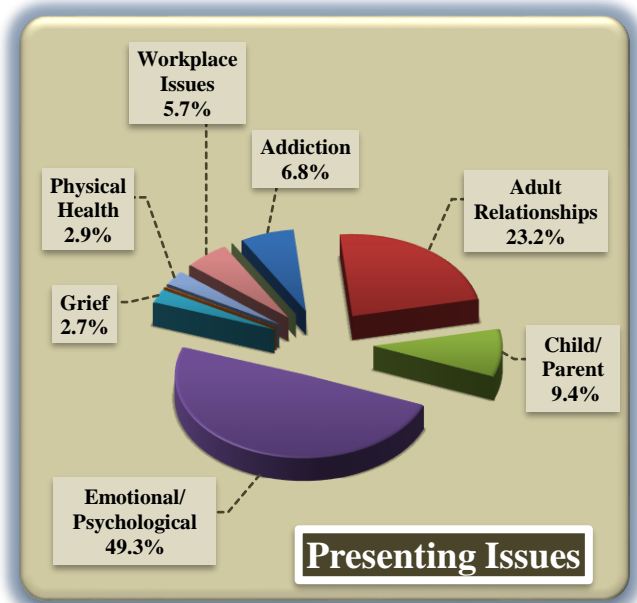
## What does it cost?

Vancouver Island Counselling services are provided at no additional cost to employees, retirees and their eligible family members. (Some costs may occur if referred for additional specialized service that is not covered by the employee's benefit package or government subsidized program).

*Celebrating*  
**40** *Years*

## Is it confidential?

We operate independently of the companies and organizations we serve. This autonomy and the location of the offices away from the worksite, help ensure our commitment to confidentiality. Workplaces have no access to client information. Our counsellors are governed by a Professional Code of Ethics. Confidentiality is the cornerstone of our program and has been since our inception in 1980.



## Are your counsellors professionally qualified?

We ensure that each of our counsellors holds a relevant graduate or doctorate degree in the counselling field and registered with a clinical association in BC. Ongoing professional development combined with a dedication to serving clients with respect, compassion and integrity are hallmarks of your counsellors. We are here for you!

You will find profiles of our counsellors and other information at:

[www.vancouverislandcounselling.com](http://www.vancouverislandcounselling.com)



## Vancouver Island Counselling

Duncan		250 746 6900
Nanaimo		250 754 8222
Port Alberni		250 723 7001
Victoria/Lower Mainland		1 877 746 6911